

Frisée

Contact your local supplier to order our finest Italian specialties.





About Frisée

Available: Year Round

Also known as: Curly Endive

Characteristics: Frisée is a member of the chicory family and known for its curly pale-green leaves. Frisée lettuce can bring dimension and texture to any salad preparation with its mildly bitter, peppery flavor and crunchy leaves.

Preparation Suggestions

Always rinse your produce under cool water before using. For fresh, easy preparation, tear leaves and add to a salad or sandwich. Frisée greens pair well with radicchios, endive, and baby lettuces.

Storage/Shelf-Life

Keep frisée refrigerated in a crisper or in a sealed plastic bag. It should last up to a week.

Style / Case	Case / Pallet	Case Cube	Ti	Hi	Net Weight
Frisée 12ct – Trimmed	160	16 x 12 x 5.5"	10	16	5 lbs
Frisée 12ct	64	20 x 12 x 9"	8	8	10 lbs
Frisée 24ct	42	20 x 13 x 12.5"	6	9	20 lbs
Frisée 15 lb	54	20 x 15 x 9"	6	9	15 lb